

Therapy	Treatment Cost	Practitioner
Homeopathy	Fees First appointment (one hour) £50 Follow up apt (30-45 mins) £40 Children First appointment £40 Follow ups £25 Acute Consultations £15 for a 15-minute appointment, call to book on the day. Family appointments £60 (1adult up to two children) First aid courses are available on request, minimum 4 people	Amanda Matthews
Reflexology	£50	Ann Bolus
Facial Energy Release	£50	Ann Bolus
Sports Massage	£65 – 60 mins £60 – 45 mins £55 – 30 mins	Belinda Mayne
Deep Tissue Massage	£65 – 60 mins £60 – 45 mins £55 – 30 mins	Belinda Mayne
Lymph Drainage Massage	£65 – 60 mins £60 – 45 mins £55 – 30 mins	Belinda Mayne
Bereavement Massage	£65 – 60 mins £60 – 45 mins £55 – 30 mins	Belinda Mayne
Psychotherapy	£50 per session for individuals £60 per session for couple	Brendan Ring
Allergy Testing	£95 Full Test £55 Retest	Carolyne Da Silva
Acupuncture	Initial Consultation (2 hours) £85 Treatment (1 hour) £55	Linda Dowler
Hopi Ear Candling	£32	Linda Dowler
McTimoney Chiropractic	Initial assessment and first treatment £70 Follow-on treatments £55	Lynn Whittaker
Integrative Counselling for Children/Young People up to 25 years old	£50 for 50 mins	Samantha Swallow
Therapeutic/Aromatherapy Massage	£42 for 45 mins	Suzie Howe
Holistic Massage	£52 for 60 mins £70 for 90 mins	Suzie Howe
Indian Head Massage	£42 for 45 mins	Suzie Howe
Mum to Be/Post Natal Massage	£60 for 75 mins	Suzie Howe
Bamboo Massage	£75 for 75 mins	Suzie Howe
Stone Therapy Massage	£75 for 75 mins	Suzie Howe
Holistic Facials	£55 – 60 mins (Honey/Cucumber) £75 – 90 mins (Rose or Amethyst)	Suzie Howe
Solution Focused Hypnotherapy	£65 for 60 mins	Tamsin Denbigh
Trauma Therapy	£65 for 60 mins	Tamsin Denbigh
Shiatsu	£60 for 60 mins	Rob Livesy